



The Clinician's Guide to the Treatment of Obesity [

Youdim, Adrienne

Springer New York,
2015

Monografía

Presenting detailed information on treatment of the obese patient, this handy, concise title is designed not only to educate practitioners about obesity but, most importantly, to provide practical strategies in the comprehensive approach to treating this disease. Replete with bulleted lists and tables for easy referencing, this unique reference provides a comprehensive overview of the pathophysiology and natural history of obesity as well as a thorough review of available treatment options. The book's early chapters discuss the disease of obesity, its corresponding health burden on individuals and society, the psychosocial morbidity and effect of weight loss. Later practical, treatment-centered chapters include dietary and lifestyle strategies for weight loss, writing an exercise prescription, pharmacologic approaches, perioperative care of the surgical patient, and complications of weight loss surgery, to name just several. An indispensable, easy-to-read resource for all health professionals interested in obesity diagnosis and treatment, The Clinician's Guide to the Treatment of Obesity is a significant contribution to the literature that will be of value to all physicians, with particular appeal to internal medicine and primary care physicians, endocrinologists, cardiologists, physician assistants, nurse practitioners and any practitioner who wishes to learn the up to date treatment strategies for the obese patient.

<https://rebiunoda.pro.baratznet.cloud:28443/OpacDiscovery/public/catalog/detail/b2FpOmNlbGVicmF0aW9uOmVzLmJhcmF0ei5yZW4vMTU2MTAxMzY>

Título: The Clinician's Guide to the Treatment of Obesity [Recurso electrónico] edited by Adrienne Youdim

Editorial: New York, NY Springer New York 2015

Descripción física: XVII, 205 p. 24 il., 18 il. col

Mención de serie: Endocrine Updates Springer eBooks

Detalles del sistema: Forma de acceso: World Wide Web

ISBN: 9781493921461

Autores: Youdim, Adrienne

Entidades: SpringerLink

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es