



# Managing the difficult emotions [ a programme for the promotion of emotional intelligence and resilience for young people aged 12 to 16 /

Bellhouse, Bob

Paul Chapman,  
c2005

Emotional intelligence   Emotional maturity   Emotions-   Social skills-  
Moral education (Secondary)

Monografía

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**Autores:** Bellhouse, Bob

- (+34) 91 456 03 60
- informa@baratz.es