



Managing the difficult emotions [a programme for the promotion of emotional intelligence and resilience for young people aged 12 to 16 /

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Paul Chapman,

c2005

Emotional intelligence

Emotional maturity

Emotions-

Social skills-

Moral education (Secondary)

Monografía

<https://rebiunoda.pro.baratznet.cloud:38443/OpacDiscovery/public/catalog/detail/b2FpOmNlbGVicmF0aW9uOmVzLmJhcmF0ei5yZW4vMTY2Mjc4MjU>

Título: Managing the difficult emotions [Recurso electrónico] a programme for the promotion of emotional intelligence and resilience for young people aged 12 to 16 Bob Bellhouse ... [et al.].

Editorial: London Paul Chapman c2005

Descripción física: vii, 87 p. ill

Mención de serie: E-Libro

Nota general: "The heart masters"--Cover

Bibliografía: Includes bibliographical references (p. 87)

Detalles del sistema: Modo de acceso: World Wide Web

Fuente de adquisición directa: E-Libro

ISBN: 9781412910767 1412910765

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