



## Aging and cognition : research methodologies and empirical advances /

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Monografía

"As the world's population ages, the study of aging and its effects on cognition becomes increasingly important. Aging and Cognition: Research Methodologies and Empirical Advances takes an interdisciplinary look at cognitive aging how it happens and how to study it. The first part of the book explores methods for measuring cognitive change, including how to study cohort effects. How can we account for differences in cognitive performance from one cohort to another? Should we assume factor invariance across cohorts or time? These issues are treated in the context of new and existing empirical research, making the discussion of methodological issues more concrete and accessible. The second part of the book explores the social and psychological factors associated with cognitive aging. For example, to what extent do socioeconomic status, optimism, and personal sense of control affect aging? Is the controversial "use it or lose it" theory of cognition valid? Finally, the concluding section explores how to use research findings to improve the everyday functioning of adults-- a challenging task because everyday functioning relies on complex cognitive tasks and most cognitive research measures only basic cognitive tasks. The chapter in this final section uses medication adherence as an example of deriving real-world solutions from cognitive research results. With its emphasis on social and contextual factors that influence aging, this book showcases both substantive and methodological developments in the field. It will be useful to everyone who studies aging and cognition"--Jacket. (PsycINFO Database Record (c) 2009 APA, all rights reserved)

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**Contenido:** Introduction / Hayden B. Bosworth and Christopher Hertzog -- History, cohorts, and patterns of cognitive aging / Duane F. Alwin -- Factor invariance, measurement, and studying development over the life span / John R. Nesselroade and Ryne Estabrook -- A multilevel factor analysis perspective on intellectual development in old age / Daniel Zimprich and Mike Martin -- The search for structure : the temperamental character of the temperament and character inventory / Scott B. Maitland [and others] -- Convergence between cross-sectional and longitudinal studies : cohort matters / Elizabeth M. Zelinski [and others] -- How those who have, thrive : mechanisms underlying the well-being of the advantaged in later life / Carmi Schooler and Leslie J. Caplan -- The rise and fall of control beliefs in adulthood : cognitive and biopsychosocial antecedents and consequences of stability and change over 9 years / Margie E. Lachman, Christopher B. Rosnick, and Christina Röcke -- Use it or lose it : an old hypothesis, new evidence, and an ongoing controversy / Christopher Hertzog -- Dynamic emotion--cognition interactions in adult development : arousal, stress, and the processing of affect / Gisela Labouvie-Vief, Daniel Grünh, and Harold Mouras -- The way we were : perceptions of past memory change in older adults / David F. Hulstsch [and others] -- The role of cognitive ability in everyday functioning : medication adherence as an example / Hayden B. Bosworth and Brian J. Ayotte

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