



## Analysis of a Social Neurosis

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Instructional

Counseling session

Material Projectable

Wolpe interviews a volunteer, Tom, who has problems sleeping, is depressed, has nightmares, experiences mood swings and fits of anger. These problems are related to a traumatic event. As a police officer he had been called to a domestic violence case and finds himself controlled by a man who is pointing a gun at him. Tom shot and killed the man. Later it became evident that the man's gun had not been loaded and that he was mentally ill. Following a thorough interview, Wolpe uses eye movement and systematic desensitization to diminish the established fear hierarchy. The demonstration is followed by questions

<https://rebiunoda.pro.baratznet.cloud:28443/OpacDiscovery/public/catalog/detail/b2FpOmNlbGVicmF0aW9uOmVzLmJhemF0ei5yZW4vMjU5OTE2NTY>

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