



Cardiac rehabilitation

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Monografía

Cardiac rehabilitation can be extremely complex art. In Cardiac Rehabilitation, expert authors provide state-of-the-art information that serves as a manual to the multidisciplinary nature of cardiac rehabilitation in the current era, the current state of cardiac rehabilitation, and the issues facing current CR programs. Covering the major components of a CR program, including medical therapy, exercise, nutrition, and behavioral therapy, from referral to testing to individualizing the program for the participants, the volume is a thorough, vital guide to this important field. Comprehensive and substantial, Cardiac Rehabilitation will aid cardiologists and internal specialists greatly in saving the lives of heart patients across the globe

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Contenido: Introduction / William E. Kraus and Steven J. Keteyian -- Principles for prescribing exercise in cardiovascular disease / Steven J. Keteyian -- Part I: Nutrition. Nutrition in cardiac rehabilitation / Gene Erb and Julie Pruitt ; Weight management in patients with established cardiovascular disease / Jonathan K. Ehrman -- Part II: Behavioral. Assessment and management of depression in cardiac rehabilitation patients / Krista A. Barbour ; Managing stress to manage heart disease / Ruth Q. Wolever ; Use of readiness for change in cardiac rehabilitation programs / Charlotte A. Collins, Meghan L. Butryn, and Ernestine G. Jennings ; Smoking cessation : the prescription that every smoker should be given / Jennifer Davis -- Part III: Testing. Utility of graded exercise testing in the cardiac rehabilitation setting / William E. Kraus ; Graded exercise testing / Clinton A. Brawner ; The use of cardiopulmonary exercise testing in cardiac rehabilitation : a primer and case analysis / Paul Chase and

Daniel Bensimhon ; Role of the 6-minute walk test in cardiac rehabilitation / Vera Bittner -- Part IV: Medical therapy. Cardiac rehabilitation : statins and the rationale for implementation of lipid-lowering therapy / Ryan Neal and Christie Ballantyne ; Treating to goal : diabetes and hypertension / Neil F. Gordon -- Part V: Exercise and cardiac populations. Exercise in patients with cardiovascular disease / John R. Schairer and Steven J. Keteyian -- Part VI: Exercise and comorbidities. Exercise as a therapeutic intervention for hypertension / Dalynn T. Badenhop and Javier Jurado ; Diabetes mellitus and cardiac rehabilitation in clinical practice / Jennifer B. Green ; Pulmonary issues related to cardiac rehabilitation / Neil MacIntyre ; Exercise rehabilitation for patients with peripheral arterial disease / Christopher J. Womack ; Dealing with arthritis as a comorbidity in cardiac rehabilitation programs / Kim M. Huffman ; Cardiac rehabilitation for elderly cardiac patients / Daniel E. Forman -- Part VII: Programmatic. Expanding your model : optimizing referrals and introducing disease management / Linda K. Hall ; The role of the physician-medical director in cardiac rehabilitation / Philip A. Ades ; Assessment and treatment of risk in the clinic setting / William E. Kraus ; Cardiac rehabilitation staffing / Gregory J. Lawson ; Reimbursement issues / Patricia McCall Comoss

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