



## "Eat Your Vegetables" and Other Mistakes Parents Make: Redefining How to Raise Healthy Eaters /

Educational films.

Nonfiction films.

Lecture/presentation

Material Proyactable

"Eat Your Vegetables and Other Mistakes Parents Make: Redefining How to Raise Healthy Eaters" outlines twelve "mistakes" that parents frequently make when trying to get their children to eat healthy. The video is designed to help address the huge disconnect that exists between what parents want their kids to eat and what their children are actually eating. In a compelling, easy-to-understand fashion, the video provides information, ideas, and insights concerning what parents can do to improve the eating habits of their kids

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**Título:** "Eat Your Vegetables" and Other Mistakes Parents Make: Redefining How to Raise Healthy Eaters presented by Natalie Digate Muth

**Editorial:** Monterey, CA Healthy Learning 2013

**Descripción física:** 1 online resource (54 minutes)

**Duración:** 005351

**Nota general:** Title from resource description page (viewed October 02, 2017)

**Lengua:** In English

**Materia:** Children- Nutrition Nutrition in Physical Education Health Children Parenting Nutrition

**Entidades:** Healthy Learning production company

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