



Care of oncological patients: a review on the impact of the chronic stress situation and its relation to the caregiver personality and other modulator variables [

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Analítica

Objective: The prevalence of long-term diseases such as cancer has increased in recent years. In this context, our aim will be to analyze the main consequences resulting from exposure to a chronic stress situation, such as the care of an oncologic patient. The effects of this situation on the psychosocial health and cognitive function of informal caregivers and their relationship with possible modulating variables will be revised. **Method:** A bibliographic review was performed in PubMed and PsycINFO databases about the consequences related to the caregiving of patients with chronic diseases. **Results:** Several studies suggest that the condition of caregiver of cancer patients could be considered as an and stressful situation. It has consequences on caregiver's physical and psychosocial health, and can induce a decrease of cognitive functioning, although these changes may be modulated by different variables. **Conclusion:** These data suggest the need of implementing intervention programs in order to mitigate the deleterious consequences of the caregiving situation

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