



Handbook of Active Ageing and Quality of Life [:From Concepts to Applications /

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<http://id.loc.gov/vocabulary/relators/edt>

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Springer International Publishing :

Imprint: Springer,

2021.

Monografía

This handbook presents an overview of studies on the relationship of active ageing and quality of life. It addresses the new challenges of ageing from the paradigm of positive ageing (active, healthy and successful) for a better quality of life. It provides theoretical perspectives and empirical studies, including scientific knowledge as well as practical experiences about the good ageing and the quality of later life around the world, in order to respond to the challenges of an aged population. The handbook is structured in 4 sections covering theoretical and conceptual perspectives, social policy issues and research agenda, methods, measurement instrument-scales and evaluations, and lastly application studies including domains and geographical contexts. Chapter 5 is available open access under a Creative Commons Attribution 4.0 International License via link. springer.com.

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Título: Handbook of Active Ageing and Quality of Life [electronic resource] :From Concepts to Applications edited by Fermina Rojo-PÃ©rez, Gloria FernÃ¡ndez-Mayoralas.

Edici3n: 1st ed. 2021

Editorial: Cham Springer International Publishing Imprint: Springer 2021.

Descripci3n f3sica: XXII, 655 p. 45 illus. online resource.

Menci3n de serie: International Handbooks of Quality-of-Life 2468-7227

Documento fuente: Springer Nature eBook

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ISBN: 9783030580315 978-3-030-58031-5

Materia: Quality of life. Personality. Social psychology. Medical research. Aging. Social work. Quality of Life Research. Personality and Social Psychology. Quality of Life Research. Aging. Social Work.

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Entidades: SpringerLink (Online service)

Enlace a formato físico adicional: Printed edition 9783030580308 Printed edition 9783030580322 Printed edition 9783030580339

Punto acceso adicional serie-Título: International Handbooks of Quality-of-Life 2468-7227.

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