



Bullying [52 Brilliant Ideas for Keeping Your Children Safe and Secure

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Electronic books

Monografía

Bullying behaviour comes in many shapes and sizes, and being bullied in childhood can have lifelong effects. Recent UK research indicates that 1 in 4 primary school children and 1 in 10 secondary school children are bullied at least once a term. Bullying makes children lonely, unhappy and frightened. Tackling bullying and its side-effects can be a very delicate business, and each case is unique. Often parents don't know anything is wrong until events overtake them, or they can't think of the best way to help their child survive the experience. Being armed with the right information about bully

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Mención de serie: 52 brilliant ideas

Nota general: Description based upon print version of record

Contenido: Front cover; Copyright; Table of contents; Brilliant features; Introduction; 1. Bully for you; 2. Rhyme and reason; 3. Switched on: online bullying; 4. School's out: coping with bullying to and from school; 5. Strip tease; 6. Circle Time; 7. Bully court; 8. Telling tales; 9. Safety in numbers; 10. Changing schools; 11. Walk tall; 12. Fight or flight: self-defence skills; 13. Run for the hills; 14. R Time; 15. Stop, think, do; 16. Roots of empathy; 17. I am what I am; 18. Mobile phone harassment; 19. In class; 20. A friend in need; 21. Help you can call on; 22. No blame 23. Fake it till you make it 24. Take a hike; 25. Peace games; 26. Shielding yourself; 27. Believe in yourself; 28. Mentoring; 29. Random acts of kindness; 30. Bully box; 31. Say it again; 32. Calming rhythms; 33. Booked; 34. Cool down; 35. Touch and go; 36. Brain versus brawn; 37. Dead loss; 38. Loud and clear; 39. Because you're worth it; 40. Home schooling; 41. Seriously funny; 42. Call the cops; 43. Making a drama out of a crisis; 44. You've been framed; 45. Making a bully a friend; 46. Anti-bullying week; 47. Goal; 48. Professional help; 49. It's a dog's life; 50. Remember to breathe 51. Treat yourself 52. Forgiven; The end...; Where it's at

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