

Evidencia del aprendizaje motor en el ejercicio terapéutico cognoscitivo: artículo de revisión [

2018

text (article)

Analítica

Physiotherapy over the years has incorporated several fields of application; one of them is neurological rehabilitation, in which various authors have studied theoretical referents such as motor control and motor learning to understand in a clearer way human body movement and its relation to the neurological system. One of the authors poses the cognitive therapeutic exercise which is based on the neurocognitive theory for which motor learning is the axis, but when applied exercises are performed based on motor control, for which it is necessary to understand how it is evidenced motor learning in the cognitive therapeutic exercise, which serves to give physiotherapists a better understanding of this method. A review was made available on the internet, which allowed showing the relationship between cognitive therapeutic exercise and motor learning Physiotherapy over the years has incorporated several fields of application; one of them is neurological rehabilitation, in which various authors have studied theoretical referents such as motor control and motor learning to understand in a clearer way human body movement and its relation to the neurological system. One of the authors poses the cognitive therapeutic exercise which is based on the neurocognitive theory for which motor learning is the axis, but when applied exercises are performed based on motor control, for which it is necessary to understand how it is evidenced motor learning in the cognitive therapeutic exercise, which serves to give physiotherapists a better understanding of this method. A review was made available on the internet, which allowed showing the relationship between cognitive therapeutic exercise and motor learning

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Editorial: 2018

Tipo Audiovisual: Perfetti Control motor Aprendizaje motor Accidente cerebro vascular Perfetti Motor Control Motor learning stroke

 $\textbf{Documento fuente:} \ fisio Gl\'a: revista \ de \ divulgaci\'on en Fisio terapia, ISSN 2340-6151, Vol. 5, N^o. 3, 2018, pags.$

Nota general: application/pdf

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Lengua: Spanish

Enlace a fuente de información: fisioGlía: revista de divulgación en Fisioterapia, ISSN 2340-6151, Vol. 5, N°. 3, 2018, pags. 53-56

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