

Impacto positivo de una master class online de percusión corporal para docentes [

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text (article)

Analítica

Permanent training related to corporal expression (CE) appears to be scarce and unattractive for teachers. However, it is known that there are specific body percussion (BP) formations that are generating positive emotions, becoming a source of motivation for teachers and a challenge for their students. This research aims to find out the changes generated in the perception of teachers regarding the knowledge and possibilities that the BP can have to be implemented in Physical Education (PE) as a CE content. It is an action research where a BP-specific online Master Class was designed and implemented and it was expected to observe a change in the participant's opinion after the experience. For the initial and final evaluation of the teachers' perception regarding BP, part of the COPEFEAEC questionnaire that refers to BP and it is in validation process, was administered. The final sample that participated in the PRE-POST study consisted of 92 education coordinators in Catalonia, with gender (male / female) balanced by almost 50%, with an age range of 20 to 60 years old, 73.9% of primary education and 26.1% in secondary, being specialized in PE almost 98%. Significant differences (p <.001) were obtained with respect to BP knowledge, since at the end of the session, 58.7% expressed having increased their knowledge. A higher degree of agreement was observed in the POST situation regarding accepting BP as EC content in PE classes

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