



## La comunicación educativa de entrenadores de fútbol en competición [

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text (article)

Analítica

The aim of this study was to analyse if youth sport coaches' instructions were influenced by their characteristics (i.e. general education, coaching certification, model of teaching, leadership style, and team instruction style) when delivered to school-aged youth. We analysed one match of each of 10 Andalusian coaches. One soccer game was recorded for each coach in a regional competition, which was a total of 10 soccer games and 932 minutes analysed. The young soccer players were aged between 15 and 18 years. A content analysis was used for collecting data, through a thematic coding system to categorize the instructions during the matches. We compared the frequencies of negative and positive approaches to education of the coaches with their aforementioned characteristics. The results showed that there is an influence of these characteristics on the type of instructions, and that there is a cumulative effect. Coaching education, the tactical teaching model, a democratic-permissive leadership style, and leading the group with authority, are essential in educating youth soccer players during the school years

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