



Taller de role-playing para la Generación Z: un camino hacia la simulación creativa en Expresión Corporal [

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text (article)

Analítica

Generation Z or "Gen Z" was born immersed in the digital culture and in this context, it is prone to diminish its interest and capacity for the development of interpersonal skills. Often, the image that a person projects in a virtual environment is distorted in the physical and social world because, in the absence of face-to-face interaction, the ability to perceive emotions and the skill to understand Non-Verbal Communication (hereinafter NVC) that is expressed is lost. The aim of this article is to present a monographic workshop on role-playing, oriented to students studying the subject of Body Expression, which is intended to be a methodological tool through which students can manage their interpersonal communication skills and emotional intelligence in face-to-face environments

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