



Abordaje del ganglio de Walter por vía transdiscal coccígea en coccigodina [

2007

text (article)

Analítica

Objective: To test the efficacy and safety of the Walter ganglion blockade through coccygeal disc, in patients who suffered from coccygodynia. **Patients and Methods:** We evaluated six patients, 4 women (66,6%) and two men (33,4%), with chronic coccyx pain (>6 months), and more than 6 points in Visual Analogue Scale (VAS). We described the transcoccygeal disc approach to Walter ganglion blockade technique. The improvement of pain score, degree of satisfaction and complications of the patients were evaluated. **Results:** Five patients improved VAS score 6 to 1. All the patients were satisfied with the treatment. We had no complications. **Conclusions:** The transdiscal approach of the Walter ganglion is easy, safe (with less risk of rectal perforation and bone traumatism than the classical anococcygeal ligament via), and effective for chronic coccygodynia

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