



Abordaje paliativo de enfermería en las úlceras tumorales. Revisión bibliográfica [

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text (article)

Analítica

Objective: To know the guidelines for the assessment, treatment and design of nursing care plans for patients with tumor ulcers. **Methodology:** Literature review through six scientific databases. Selection of publications according to inclusion-exclusion criteria and critical reading of abstracts. **Results:** 17 articles have been reviewed in full text. The studies consulted coincide in the need for a holistic assessment of the patient, paying attention to the emotional and social part. On its classification, there is no clear consensus. The signs and symptoms that most concern the patient and professionals are pain, smell and exudate. Its control will be the main objective of the therapeutic plan. The most prevalent diagnosis is the "Deterioration of skin integrity", but other secondary ones such as "Body image disorder" and "Low situational selfesteem" also appear. **Conclusions:** A complete assessment of the situation of the patient and the ulcer at the local level is essential to adopt an adequate approach and design the care plan. This palliative approach will be aimed at controlling the associated signs and symptoms to improve the patient's comfort and quality of life. Further training of professionals in this field and the implementation of updated clinical practice protocols and guides is necessary to improve the care provided

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