



## Abdominoplastia posterior a la cirugía bariátrica [

2022

text (article)

Analítica

The human body must live in balance. One of the discussions carried out within the medical field is physical appearance and its fine line between health and vanity. The constant control of the height-weight ratio of the human being is the main indication of the health of the living being, as the years of life accumulate, this control is neglected, becoming a multifocal health problem known as obesity. When there is a drastic reduction in weight, it leaves physical sequelae such as excess skin, for which the discipline of reconstructive plastic surgery offers different solutions. As described in the literature, bariatric surgery meets, in most cases, the objective in terms of considerable weight reduction that allows the reduction of mortality associated with obesity, however, it has also been shown that the surgical solution not only focuses on bariatric intervention, but has developed a subsequent support protocol that ensures long-term success, such as nutritional, psychological and aesthetic support for the patient. A bibliographic review is carried out to propose the general ideas that allow knowing the process of abdominoplasty after bariatric surgery based on the academic publications available in certified digital spaces. The surgical process of reconstruction of the body silhouette after bariatric surgery could be seen as a merely aesthetic need, however, it is shown that this process is a fundamental part of the weight control guarantees of bariatric surgery itself, since the patient's own perception, whoever perceives himself as amorphous can generate a disagreement with the result of the entire procedure and considering the solution to obesity as a generation to a new problem, completely abandoning any effort necessary for the proposed success. Post bariatric abdominoplasty is not a minimal operation. It should be considered that the tissues to be removed are important, and it is also usually combined with other procedures such as liposuction and masto

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