



Accesibilidad física en pistas polideportivas cubiertas de Extremadura: Un estudio exploratorio [

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text (article)

Analítica

The purpose of this study was to find out the mean percentage of physical accessibility of a group of conventional sports facilities in Extremadura, and also to determinate the percentage of accessibility of each different zone that constitutes these sports facilities. Specifically, 38 indoor courts from pavilions were analyzed (19 from the province of Caceres and 19 from the province of Badajoz), filling out 1673 items with the accessibility questionnaire proposed by the Spanish Sports Council and the Biomechanical Institute of Valencia (CSD/IBV, 2009). The results showed that the average percentage of accessibility was 50.6%. The zones with the highest accessibility score were the rooms and offices (72%), and elevators (88%). On the contrary, the areas with the lowest accessibility rate were the reception (13%), and the dining hall/restaurant/bar (33%). These results revealed that physical accessibility is not complete, and therefore, the participation of groups of persons with reduced mobility in sport programmes offered by the local governments could decrease due to the existence of different accessibility barriers. It is recommended to improve the physical accessibility in sports facilities since it would increase the participation of people with reduced mobility in sports activities, and therefore, their integration and normalization in the daily activities of society

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