



Acerca de la contratransferencia: obstáculo o instrumento? [

Pontificia Universidad Católica del Perú: Departamento de Humanidades. Sección de Psicología, 1997

text (article)

Analítica

This paper discusses the different perspectives that exist in psychoanalysis about the status of the countertransference in the therapeutic process. On the one hand, for those who follow the classical tendency this should be radically repressed to protect the ideal of an aseptic neutrality. On the other hand, for those who follow the humanistic tendency, this should be incorporated to consolidate the external and real aspects of the therapeutic alliance. Together with the classical work of Theodor Reik and the modern work of Harold Searles, the author proposes that countertransference feelings and reactions could be used as legitimate tools to monitor both the relationship with the patient, as well as the interpretation phase.

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Título: Acerca de la contratransferencia: obstáculo o instrumento? [electronic resource]

Editorial: Pontificia Universidad Católica del Perú: Departamento de Humanidades. Sección de Psicología 1997

Tipo Audiovisual: Técnica psicoanalítica transferencia contratransferencia Psychoanalytic technique transference countertransference

Documento fuente: Revista de Psicología, ISSN 0254-9247, Vol. 15, N°. 2, 1997, pags. 157-178

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Enlace a fuente de información: Revista de Psicología, ISSN 0254-9247, Vol. 15, N°. 2, 1997, pags. 157-178

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