



# Actitudes hacia la integración de la espiritualidad en las profesiones de ayuda: estudio exploratorio [

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text (article)

Analítica

The purpose of this study is to explore the attitude of psychologists, counselors and social workers toward the integration of spirituality into therapeutic processes. Likewise, this article examines the psychometric properties of the "Escala de Actitudes hacia la Integración de la Espiritualidad en las Profesiones de Ayuda". A total of 202 professionals participated in this exploratory and psychometric study. The results reflected a solution of three factors as the most appropriate one to explain the variance in the scorings. These factors were denominated Positive Attitude, Negative Attitude and Professional Aptitude. A total of 20 items complied with the criteria of discrimination and presented appropriate factor loadings in one of the three factors. The reliability index of the scale was .90. Descriptive analysis indicated that 96% of the participants demonstrated a positive and favorable attitude towards the integration of spirituality in psychotherapy and counseling.

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