

Actividades motrices
adaptadas para estimular la
memoria en niños(as) con
retraso mental moderado en la
Escuela Especial "Carlos
Marx" de la provincia Pinar
del Río [

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text (article)

Analítica

The present research arises from the necessity of including adapted motor activities to stimulate the memory in moderated mentally retarded boys and girls from "Carlos Marx" Special school of Pinar del Rio in Physical Education lessons, due to the difficulty they have. The activities are addressed to compensate their difficulties from cognitive, psychological, physical, as well as social integration point of view. For the development of the work, firstly, it was carried out a bibliographical revision about the mental retard and about Special Physical Education importance, as means to create compensatory conditions in the psychomotor sphere in children with Special Educational Necessities (SEN), helping them to foster values and attitudes that will be of great utility in the society. Secondly, it was carried out the analysis of the applied methods empiric result as: the observation, interviews, surveys and Mosega Test. In addition, theoretical methods as, historical-logical, analysis synthesis, inductive-deductive and revision of documents were used. Inside the statistical-mathematical method, the descriptive statistic was applied with the percentage analysis, which allowed designing adapted motor activities for the stimulation of the memory in children with moderate mental retard

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