



Actividad física en adultos con y sin diabetes en México (ENSANUT MC-2016) [

2019

text (article)

Analítica

Physical activity patterns play a key role in diabetes development and control. Our aim is to describe and compare physical activity/inactivity behaviors in general population with and without diabetes in Mexico and changes associated with sociodemographic and health variables. Information from the Halfway National Health and Nutrition Survey 2016 (ENSANUT MC-2016) is used. The findings show that adults with diabetes, from 60 to 69 years old, with obesity and living in the Northern Mexico, are more likely to be inactive. As well as have a higher physical inactivity prevalence ($p = 0,000$) and a lower proportion of high physical activity ($p = 0,002$) in adults with diabetes than in those without diabetes. We conclude that persons with diabetes trend more towards behaviors associated with physical inactivity and that it is necessary to generate more research that contributes to explain this phenomenon

Physical activity patterns play a key role in diabetes development and control. Our aim is to describe and compare physical activity/inactivity behaviors in general population with and without diabetes in Mexico and changes associated with sociodemographic and health variables. Information from the Halfway National Health and Nutrition Survey 2016 (ENSANUT MC-2016) is used. The findings show that adults with diabetes, from 60 to 69 years old, with obesity and living in the Northern Mexico, are more likely to be inactive. As well as have a higher physical inactivity prevalence ($p = 0,000$) and a lower proportion of high physical activity ($p = 0,002$) in adults with diabetes than in those without diabetes. We conclude that persons with diabetes trend more towards behaviors associated with physical inactivity and that it is necessary to generate more research that contributes to explain this phenomenon

<https://rebiunoda.pro.baratznet.cloud:28443/OpacDiscovery/public/catalog/detail/b2FpOmNlbgVlcmF0aW9uOmVzLmJhcmF0ei5yZW4vMzExNzQyNjY>

Título: Actividad física en adultos con y sin diabetes en México (ENSANUT MC-2016) electronic resource]

Editorial: 2019

Tipo Audiovisual: ciencias del deporte fisiología physical activity health diabetes IPAQ national surveys Salud pública actividad física y salud Actividad física salud diabetes IPAQ encuestas nacionales

Documento fuente: riccafd: Revista Iberoamericana de Ciencias de la Actividad Física y el Deporte, ISSN 2255-0461, Vol. 8, N°. 3, 2019 (Ejemplar dedicado a: -), pags. 13-28

Nota general: application/pdf

Restricciones de acceso: Open access content. Open access content star

Condiciones de uso y reproducción: LICENCIA DE USO: Los documentos a texto completo incluidos en Dialnet son de acceso libre y propiedad de sus autores y/o editores. Por tanto, cualquier acto de reproducción, distribución, comunicación pública y/o transformación total o parcial requiere el consentimiento expreso y escrito de aquéllos. Cualquier enlace al texto completo de estos documentos deberá hacerse a través de la URL oficial de éstos en Dialnet. Más información: <https://dialnet.unirioja.es/info/derechosOAI> | INTELLECTUAL PROPERTY RIGHTS STATEMENT: Full text documents hosted by Dialnet are protected by copyright and/or related rights. This digital object is accessible without charge, but its use is subject to the licensing conditions set by its authors or editors. Unless expressly stated otherwise in the licensing conditions, you are free to linking, browsing, printing and making a copy for your own personal purposes. All other acts of reproduction and communication to the public are subject to the licensing conditions expressed by editors and authors and require consent from them. Any link to this document should be made using its official URL in Dialnet. More info: <https://dialnet.unirioja.es/info/derechosOAI>

Lengua: Spanish

Enlace a fuente de información: riccafd: Revista Iberoamericana de Ciencias de la Actividad Física y el Deporte, ISSN 2255-0461, Vol. 8, Nº. 3, 2019 (Ejemplar dedicado a: -), pags. 13-28

Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es