

Actualización de los trastornos de personalidad [

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text (article)

Analítica

Personality disorders are among the most experienced psychiatric conditions; they begin in adolescence or in young adulthood. According to the Diagnostic and Statistical Manual of Mental Disorders in its fifth edition can be divided into three groups based on clinical similarities: group A (paranoid, schizoid and schizotypal), group B (antisocial, limit, histrionic and narcissistic), and group C (avoidant, dependent and obsessive-compulsive). It is diagnosed when long-term cultural deviations in cognition, emotions and behavior interrupt daily activities or cause distress. The initial management is based on cognitive behavioral therapy as its first line of treatment, being the second line the pharmacological treatment where medications for said specific disorder have not yet been approved, being used only to treat specific symptoms, that is, they are used as a complement

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