



Adaptación y validación transcultural de un inventario de bienestar en contextos latinoamericanos [

Fundación Universitaria Konrad Lorenz,
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text (article)

Analítica

The aim of this study was to adapt the Well-Being Inventory of Nacpal & Shell for using with Latinamerican youth and adolescents. The conceptual, semantic and operational equivalence of inventory prototype version was analized. The final version was administered to a sample of 1,891 students (730 Mexicans, 664 Argentines and 497 Brazilians) who also filled a set of recognized instruments developed to explore resilience, coping, sense of humor, emotional intelligence and cultural values. The exploration of factorial validity showed six orthogonal factors which explained almost 59% of total variance. Construct validity was demonstrated through positive and significant correlations between subjective well-being and most of the variables considered. Reliability of the adapted instrument reached satisfactory levels. In light of the results some suggestions for future research in the area are made

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