



Afectividad y subjetividad femenina: Análisis de la gordura como código moral [

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text (article)

Analítica

The objective of this work is to show that the rule that establishes that bodies should be thin, installs a rule for the self. A form of feminine subjectification is articulated in this rule, based on an affective prescription. To show this, we present the results of a study that sought to describe and understand the way in which fat is socially constructed. We worked with a qualitative design, with six mixed discussion groups of young people and adults from the city of Santiago de Chile. In the results it is shown that fatness is constructed as an affective problem that represents a transgression of the norm of "Who loves, takes care of itself". In this sense, fatness is explained affectively. Shame is central to show the binding nature, and therefore subjectifying, that this rule of body size has. These rules are focused on women, for which certain nuances are prescribed. One of them is that they must love themselves to be an object of love for another. The conclusions reflect on the implications of this study to investigate the processes of female subjectivation from a Foucauldian perspective

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