



Agenciación humana en la teoría cognitivo social: Definición y posibilidades de aplicación [

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text (article)

Analítica

Human agency is the capacity to exercise control over one's own functioning and events that affect one's life (Bandura, 2001). This concept is the result of the developments of Cognitive Behavior Analysis and specifically from the Social Cognitive Theory of Bandura. This concept emerges from the concepts self-control, self-direction and finally self-efficacy. Human agency is a change strategy for generating changes and transformations in self and this environment, thus implicating one systematic process and procedure for determining, development, feedback and change. This work presents the definition and to frame of the human agency, propose a strategy of change model from process of acquisition and development of agency competencies. Also evaluate possibilities of application in social contexts

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