



Alimentación y nutrición humana: temas permanentes en las agendas de salud [

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Analítica

Human nutrition is based on the study of the interrelationships of human beings and food, for this requires the integration of research and inter- and multidisciplinary knowledge, as well as the use of different methodologies from various approaches and scientific disciplines among which are food indispensable. Hence today the range of possibilities in the field of nutrition and food is immense and are opening research and development relating nutrition to: immunology, genetics, aging, sport, gastronomy, etc. ., but also it recognizes food as the social condition upon which it is possible to be more assertive when seeking better results in the nutrition and health of people. Thus, the more the problem of nutrition and feeding populations analyzed, the need to address it grows in an interdisciplinary way, through the effective and simultaneous coordination of all sectoral and institutional resources available under process national policy for economic and social development

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