



# **Análisis de la actividad física y su importancia en el sistema educativo ecuatoriano: carrera Gestión Empresarial de la Universidad Estatal de Sur de Manabí [**

2019

text (article)

Analítica

The purpose of this article is to analyze physical activity and its importance in the Ecuadorian educational system: business management career at the state university of the South of Manabí, for it was necessary to incorporate the review of different documents, laws and electronic material with the purpose of giving the respective organization to the ideas to capture significant valuations regarding the subject. It is important to emphasize that the same need to transform the educational system, forces the Ecuadorian State to introduce educational policies characterized by generating changes in their curricular meshes, that is, physical activity is fixed as a possible fundamental strategy to achieve significant results in the pedagogical dynamics; Therefore, when students carry out physical activities, they build personal, social, psychological, and motor skills that help them to achieve the objectives proposed at each school level, since their learning is determined by an efficient management of their potential from an integral perspective. However, when the didactic action moves away from these precepts it adds a deterioration in the educational quality, it is there, where the Law of Education and Culture (1983) in its article 2 numeral 1 -2 that "it is a primary duty of the State to that all Ecuadorians have a comprehensive education and the obligation to participate actively in the national educational process." (p.1) Therefore, the students of the business management career, have opportunities to use their physical, motor, social, personal development during their academic activities, resize their human condition and build the bases to adapt their professional tasks in relation to the job responsibilities as manager or administrator that precede their performance; Being prepared under a physical activity, they develop as dynamic individuals with possibilities to discover and cultivate the qualities that are going to form it integrally

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