



Análisis de la eficacia de un Programa de Inteligencia Emocional con profesores de Badajoz y Castelo Branco (Portugal) [

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Analítica

This study is part of a broader one whose purpose is to analyze the influence of emotional competence in the social climate of a classroom and in the students' academic performance. Specifically, this part of the study is aimed at learning the degree of emotional competence that teachers have and how it could be enhanced through intervention. For this purpose, we carried out a research which developed an intervention program with six blocks of content. They were worked with the experimental group in two sessions of five hours each. As a general conclusion, emotional and social competence of teachers which took part in our research increased compared to those who did not receive any training

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