



# Análisis de la psicomotricidad a través de la práctica psicomotriz de Bernard Aucouturier: estudio de casos [

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text (article)

Analítica

The article proposes an analysis of psychomotor based on the experienced methodology, to which Bernard Aucouturier's Psychomotor Practice refers, in order to know the improvements, it produces in the psychomotor development of three subjects of an Early Care Center of the Community of Madrid. To do this, an observation of the psychomotor parameters is made, during the intervention program carried out, with the aim of concretizing on what aspects this aspect of psychomotor has the most impact and, from there, to support or not to support the need to complement this model with other methodologies, in order to achieve better psychomotor development of children. For the research the following instruments have been used: field diary, to collect the behaviors of the subjects, improvements shown and indications of the observer and the Guide to the Observation of the Psychomotor Parameters of Arnáiz and Bolarín (2000). The most important conclusion is that Bernard Aucouturier's Model of Psychomotor Practice allows improvements in the motor field, but especially in the emotional field

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