



Análisis del movimiento durante la escalada como estrategia para el aprendizaje de la anatomía del aparato locomotor en Ciencias del Deporte [

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Analítica

The use of information and communications technologies allows the creation of teaching resources that facilitate learning, mainly due to their motivational effect. The study aimed to analyze the use of videos and static images of climbing in the teaching-learning process of the locomotor system in the Functional Anatomy signature in Physical Activity and Sport Science (CAFD). A total of 106 students from the CAFD degree completed this work. For the analysis of the effect on learning, an exam containing five questions on the anatomy applied to climbing was carried out after viewing the videos/images. After the statistical analysis, a percentage of correct answers of 66.9% and 69.2% was observed in questions 1 and 3, respectively, while in questions 2, 4, and 5, a lower percentage of correct answers was observed. This methodology is based on an analysis of the movement that allows a functional anatomical understanding of the locomotor system in specific sports activities

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