



Análisis del desarrollo de valores a través de la educación física y del deporte: un estudio de protocolo [

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Analítica

There are many theories raised about education in values and the transmission of these through sport. However, these theories have been questioned by the lack of evidence in the methodology and in the identification of variables that influence the development of values. This study aims to propose the educational intervention protocol of the Delphi Program for education in values through physical-sports activities in young schoolchildren, and the evaluation of self-control through the child and adolescent self-control questionnaire (CACIA). The results will help to evaluate whether the Delphi intervention program is appropriate for the development of values in students wherever the research is applied. This research aims to provide the teacher with tools for the real development of their students in terms of values through physical-sports activities. Likewise, the present work seeks to create a methodology that allows to transfer the educational values obtained in physical education classes to the family and society

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