



# Análisis transaccional de Eric Berne: una revisión crítica de su dimensión política como dispositivo de control [

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text (article)

Analítica

Transactional Analysis is an intervention model whose emergence was mainly influenced by group psychotherapy and the psychoanalytic method. It functions as a reflection device that attempts to understand and improve the quality of interpersonal relations besides promoting autonomous and conscious interactions; such practice influences the process of structuring and functioning of the personality of the subject. The analytical exercise here described emphasizes the power relations that arise in such device due to it reproduces social orders and disciplinary institutions in an almost imperceptible but implicit mode through functional adjustment of each individual. This review points to Transactional Analysis as a subtle example of management of social regulation and political mechanism for normalization

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