

Aspectos psicosociales del trabajo de enfermería en una unidad de trasplantes [

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text (article)

Analítica

Background: The nursing staff in hospitals is one of the most affected working groups by stress. Given the importance and implications of transplants in the health field, we are interested in motivation and other aspects of the daily work of nursing in the Transplant Unit of University Hospital Reina Sofía. Objective:To know the motivation of the transplant unit's nurse to engage, the stress sense that they have and negative aspects of their work. Material and Methods: Cross-sectional study. To look for this objective, an inquiry has been conducted to nurses in different units related to transplantation of University Hospital, observing the different aspects of the daily work, as the seniority in the workplace and the area to which it belongs. Results: It was observed that in the area of transplantations of this hospital; the most of the staff suffers stress because of the high responsibility (13%) and the contact with the suffering and/or the patient death (43%). It was also observed that this staff is motivated to work in this area by personal reward (57%) and by the gratitude of the patient (39%) and this staff doesn't plan to change of area. Conclusions: The transplant unit nurses are under stress, their main motivation to work in this unit is the personal reward, and they stand out as more negative aspect the contact with the patient suffering and / or the patient death

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