



## Ações do enfermeiro na prevenção do pé diabético:: o olhar da pessoa com diabetes mellitus [

2017

text (article)

Analítica

**Objective:** Investigate the actions taken by nurses in the prevention of diabetic foot in the perspective of the person with diabetes mellitus (DM). **Method:** A qualitative, exploratory and descriptive approach conducted with people diagnosed with DM in a municipality of Minas Gerais, enrolled in an extension project. Data was collected through semi-structured interview and clinical evaluation of the feet. Data were organized and analyzed from the perspective of essentialist and semantic inductive thematic analysis. **Results:** Effective actions for the prevention of diabetic foot appear very peripherally in the data set and are largely limited to education actions in health and not to the examination of the feet. **Conclusion:** Nurses should promote systematically the prevention of diabetic foot by empowering people towards autonomy, self-care and selfexamination of the feet, which helps to reduce complications and improve quality of life

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