



## Bienestar biopsicosocial en el plan de cuidados de enfermería al paciente adulto con VIH /SIDA [

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text (article)

Analítica

Acquired Immunodeficiency Syndrome (AIDS) is associated with a number of infections and certain neoplasms in an advanced stage of the disease, affecting the quality of life of those who suffer. The present case report is a 43-year-old male patient with a history of treatment for AIDS and tuberculosis (TB) who is hospitalized in a national hospital in North Lima due to complications with the development of his disease. Given the aforementioned problem, in the present case report it was proposed to carry out the nursing interventions, focusing on improving the quality of life of the patient focused on biopsychosocial well-being, for which four real diagnoses were developed as a priority. The care plan was implemented for two weeks, using the 13 domains of NANDA-I Taxonomy II, according to positive and negative aspects and the Taxonomy and classification of nursing diagnoses, interventions and outcomes: Interventions Classification ) And Nursing Outcomes Classification (NOC) II. Interventions improved negative aspects prioritized as diagnoses: "Nutritional imbalance: Intake less than bodily needs", "Anxiety", "Hopelessness", and "Low situational self-esteem", in the same way it was possible to improve the quality of Life of the patient with the promotion of their well-being, and satisfaction at this stage of the disease

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## **Baratz Innovación Documental**

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- [informa@baratz.es](mailto:informa@baratz.es)