



## Contribución de la terapia psicomotriz al progreso de niños con discapacidades [

2018

text (article)

Analítica

**Introduction:** Regardless of age, psychomotricity is involved in the development of people; therefore, it is an aspect of interest for health, rehabilitation, education and social service professionals. **Objective:** To determine to what extent a psychomotor intervention program, implemented in children with different disabilities, contributes to the improvement of psychomotor disorders and the adaptation of children to the environment. **Materials and methods:** Framed in the Mixed Methods paradigm, a pre and post evaluation design was implemented for 7 months through an intervention program involving 13 participants with different levels of psychomotor disorders. The measuring instruments included quantitative psychomotor tests, observation record sheets and questionnaires and qualitative interviews to families. **Results:** After the implementation of the program, improvements in the psychomotor development of children were observed regarding the body scheme, general dynamic coordination, spatial structuring, fine motor skills and adaptation to the environment. **Conclusions:** The therapies used in people with disabilities require a holistic vision of the person which addresses both motor and psychological aspects

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**Título:** Contribución de la terapia psicomotriz al progreso de niños con discapacidades electronic resource]

**Editorial:** 2018

**Tipo Audiovisual:** Comportamiento Psicología del desarrollo Actividad motora Estudiantes Behavior Motor Activity Students

**Documento fuente:** Revista de la Facultad de Medicina, ISSN 2357-3848, Vol. 66, N°. 1, 2018, pags. 75-81

**Nota general:** application/pdf

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**Lengua:** Spanish

**Enlace a fuente de información:** Revista de la Facultad de Medicina, ISSN 2357-3848, Vol. 66, N°. 1, 2018, pags. 75-81

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## Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- [informa@baratz.es](mailto:informa@baratz.es)