



Desempeño ocupacional y satisfacción de los cuidadores primarios informales de pacientes con limitación en la actividad [

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Analítica

The primary family caregivers have a significant role for the people who require their care. When a person cannot perform any or several activities of self-care, recreation, and productivity, whether due to an injury, illness or disability, the support of another person is needed to help them complete or carry out their activities. For this reason, who fulfills the role of primary informal family caregiver can present problems in their performance and in the occupational satisfaction that they obtain during the work of care, compromising their well-being and health. The present investigation aimed to determine the relationship between performance and occupational satisfaction of primary family caregivers and the degree of limitation in the activity of the patients in their care. To 18 informal primary caregivers were taken sociodemographic variables and then the Canadian Occupational Performance Measure was applied to know their performance and occupational satisfaction. While the instrument known as Checklist of the International Classification of Functioning, Disability, and Health, was used to their respective patients to know the degree of limitation in their activities. The results showed that 83.3% of the caregivers studied were women, with an average age of 46.6 " 13.4 years, most of them being mothers of the patients, housewives, married and with a superior level of education (50%). On average, primary caregivers showed moderate impairments in performance (5.46 " 1.85) and occupational satisfaction (5.43 " 1.91). On the other hand, 27.7% of the patients obtained a moderate limitation in the activity, and 27.7% presented a severe limitation in the activity. We found a negative correlation ($r = -0.582$, $p = 0.0114$, Spearman's correlation coefficient) between the level of satisfaction of the caregivers and the limitation in the activity of the patients under their care. Likewise, a negative correlation was found between the occupational performance of the careg

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