



## Acupuntura en el tratamiento del Asma Bronquial: Comparación entre la acupuntura y el tratamiento convencional [

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text (article)

Analítica

A phase lib clinical assay about effectivity of acupuncture in light and moderate bronchial asthma crisis was made in Amalia Simon is Hosptial in Cuba, during 1998. We made two aleatory groups, one treated with acupuncture, and a control group with conventional treatment. Acupuncture points were selected following the traditional chinese method, being stimulated during 5 minuts. Conventional treatment was inhalatory 82 agonists every 20 minuts, till 3 times, and if there were no good results, prednisone 60 mg. Adverse reactions were reportd from patients impressions. 80% of asthma patients were relieved only with acupuncture, and adverse effects were mild . We can conclude that acupuncture is a ggod therapy in bronchial asthma

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