



# Atuação da enfermeira na dor do cliente cardiológico: Um estudo frente o reconhecimento das intervenções de enfermagem [

Universidade Federal do Estado do Rio de Janeiro (UNIRIO), 2013

text (article)

Analítica

**Objectives:** To identify acknowledgement of Acute Pain diagnosis, through its defining characteristics, by nurses in a coronary intensive care unit, correlate their interventions to the nomenclature established for Classification of suggested and optional Nursing Interventions. **Method:** Qualitative, descriptive study, realized with thirteen nurses from the Coronary Care Unit of a hospital in Rio de Janeiro. **Results:** of the eighteen defining characteristics described by NANDA, only seven of the nurses interviewed are recognized. Among twenty-seven possible interventions described in the Nursing Care Intervention (NIC), only seven are recognized, and, the majority ruled in the administration of analgesics, which affects nursing actions directed to the biomedical model. **Conclusion:** It is necessary that nurses reflect on the patient's individual needs, valorizing a care that involves a complex set of actions beyond biomedical care, ruled in comfort measures that promote the reduction of this symptom and consequently the improvement in the quality of care

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**Título:** Atuação da enfermeira na dor do cliente cardiológico: Um estudo frente o reconhecimento das intervenções de enfermagem electronic resource]

**Editorial:** Universidade Federal do Estado do Rio de Janeiro (UNIRIO) 2013

**Tipo Audiovisual:** Enfermagem Processos de enfermagem Dor Cardiologia Nursing Nursing process Pain Cardiology Enfermería Procesos de enfermería Dolor Cardiología

**Documento fuente:** Revista de Pesquisa: Cuidado é fundamental online, ISSN 2175-5361, Vol. 5, Nº. 4, 2013, pags. 716-726

**Nota general:** application/pdf

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**Lengua:** Portuguese

**Enlace a fuente de información:** Revista de Pesquisa: Cuidado é fundamental online, ISSN 2175-5361, Vol. 5, Nº. 4, 2013, pags. 716-726

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