



"Vivir en un cuerpo equivocado". A propósito de un caso [

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text (article)

Analítica

Introduction: Gender dysphoria is incoherence between the sex a person feels or expresses and the biological. Goals: Revise the inclusion criteria for hormone therapy and sex reassignment surgery in gender dysphoria. Expose the multidisciplinary approach. Make differential diagnosis with other psychological disorders. Case report: A 25 years old female patient, biological male. Results: It reported favorably to start hormone treatment after completing the eligibility criteria: > 18 years old; knowledge of the effects of hormones; and more 3 months documented real-life experience. Laboratory tests are done every 3 months during the first year and then, every 6 months. Conclusions: Is the Gender Dysphoria a pathology? The EU recommends a reclassification as no pathological disorders in ICD-11. The treatment of gender dysphoria is necessary, and there is no reason to postpone it. The main difficulty is the differential diagnosis; there may be comorbidity with others mental disorders which are not exclusive (psychotic disorder, OCD, personality disorders and other disorders of gender identity)

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