



Abordaje holístico y potenciación del filtro vocal en alteraciones de la voz [

2018

text (article)

Analítica

Summary The process of configuring a functional dysphonia with or without a benign lesion in the vocal cords - in this case due to misuse and / or vocal abuse- evidences a decompensation or loss of the delicate general musculoskeletal balance and, particularly, of the functioning of the subsystems involved in vocal production. As a consequence, compensatory mechanisms are generated that the phonological intervention has to "adjust" again. In this article we propose the holistic approach of these voice alterations, which must include the consideration of the body as a skeletal muscle macro system. With this same holistic vision, the convenience of approaching a physiological approach within vocal therapy is considered, which does not imply discarding any other, as long as it is adapted to the vocal needs of each patient. In this context, this article aims to present a complementary method to vocal therapy, the Art of the word developed by Rudolf Steiner, as well as its transfer to the phonological field. The importance of carrying out specific articulatory training as the last phase of the voice production process will be highlighted, at the level of the vocal filter; This training would facilitate a greater transfer of proprioceptive articulatory schemes to the daily communicative context of the patient, according to the needs and vocal requirements required

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Tipo Audiovisual: subsistemas de producción de la voz articulación filtro vocal holístico El arte de la palabra tracto vocal consonantes punto y modo articulatorio

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Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es