



## Acciones de enfermería en la prevención de la desnutrición en niños menores de cinco años de edad [

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Analítica

One of the main problems in public health is child malnutrition, which affects almost 80 percent of Ecuadorian families. The research presented will show that nursing professionals take as support the current public and regulatory policies for the nutrition of children in which they attend the Nicolás Infante Díaz health sub-center during the first half of 2018, in order to prevent health problems In the short and long term, such as obesity, diabetes, malnutrition, anemia, learning and behavior problems. The present study had to objectiveto determine the actions of nurses in the prevention of cases of malnutrition in children under five years old, through the actions carried out by mothers. The quantitative, descriptive and cross-sectional methodology was applied, with a total sample of 43 children with malnutrition, their mothers, the intervention of nursing staff in the case of nutrition. The nutritional status of children forms the basis of sustainable development and poverty reduction, so that nursing professionals in the educational and assistance role promote strategies for strengthening the care and knowledge necessary to improve eating habits. Conclusions: The nursing intervention is immersed in the process of nutritional training of the mothers of children under five years old without the intervention of age, schooling, accessibility of families

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