



## Art therapy with physical conditions /

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Methods (Music)

Monografía

As the emotional components of physical illnesses become more recognised, there is a renewed interest in the potential of art therapy to help patients come to terms with injury, pain and terminal and life-long conditions. A wide range of experienced art therapists describe their work and its benefits to a variety of groups including those with cancer, debilitating conditions such as myalgic encephalopathy (M.E.) and ulcerative colitis. Physical conditions in combination with other factors such as homelessness or learning disabilities, and children with life-long and chronic conditions are also covered. The book includes discussion of spiritual and philosophical issues when mortality is faced, life change and adjustment issues, practical considerations and which models of practice art therapists find most helpful with various groups. This will be essential reading for arts therapists and students, as well as for professionals with an interest in psychological issues and wellbeing for patients with physical illness or long term conditions, such as psychotherapists and counsellors, complementary therapists, doctors, nurses and other healthcare professionals

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**Contenido:** Introduction -- Adults -- Part I. Setting the scene. Does your body mind? Does your mind matter? Art psychotherapy and the complexity of interactions between mind and body -- Part 2. Cancer. Short-term art therapy groups for people with cancer -- Absences in images: what those affected by life-limiting illness leave out of their pictures -- Art therapy, cancer and the recalibration of identity -- Part III. Debilitating conditions. Completing the picture: art therapy with a client with myalgic encephalopathy (M.E.) -- Anthroposophic art therapy with a patient suffering from ulcerative colitis -- Part IV. Physical conditions and other conditions. Art therapy, health and homelessness -- Life, loss and labels: art therapy with clients with learning disabilities and terminal physical illness -- Trapped bodies, open minds: a multicultural art therapy group for mental health service users with physical

health problems -- Children. War zones: art therapy with a 12 year old boy with Crohn's disease -- 'Will some of me fall out?' A diabetic boy's creation of a psychological skin through art therapy -- Intimations of mortality: art therapy with children and young people with chronic or life-limiting illnesses -- The power of the image in memory-making with life-limited children -- Personal reflections. Psyche and soma: reflections of a whole person

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