



## Alcohol, nutrition, and health consequences /

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Monografía

Alcohol, Nutrition, and Health Consequences provides practical, data-driven resources to help the reader understand the basics, treatments and preventive strategies that are involved in the understanding of how alcohol may affect healthy individuals as well as those with chronic alcohol use with or without relevant infectious diseases, obesity, diabetes and/or neurocognitive declines. It will also help the clinician define the causes and types of nutritional changes due to alcohol use and also explain how nutrition can be used to ameliorate its consequences. Chapters present the application of current nutritional knowledge by physicians and dietitians. Specific areas involving alcohol-related damage due to nutritional changes are reviewed, including heart disease, obesity, digestive tract cancers, lactation, brain function, and liver disease. In addition, alcohol's effects on absorption of minerals and nutrients, a key role in causing damage are treated. The importance of diet in modifying alcohol and its metabolite damage is also explained. Alcohol, Nutrition, and Health Consequences is essential reading for alcohol therapists and researchers as well as primary care physicians and dietitians and is an easy reference to help the clinician, student, and dietitian comprehend the complex changes caused by direct and indirect effects of ethanol at the cellular level via its nutritional modification

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**Contenido:** Part 1.) Overview and General Nutrition during alcohol use -- Alcohol and Nutrition: An Overview Francisco Santolaria and Emilio González-Reimers. -- Genetics of Alcohol Metabolism Vijay A. Ramchandani. -- Laboratory Models Available to Study Alcohol and Nutrition Nympha B. D'Souza EL-Guindy. -- Ethanol-Induced Lipid Peroxidation and Apoptosis in Embryopathy Robert R. Miller Jr. -- Alcohol Use During Lactation: Effects on the Mother-Infant Dyad Julie A. Mennella Part 2.) Nutrients and Foods as modified by alcohol -- Moderate Alcohol Administration: Oxidative Stress and Nutritional Status Lorenzo Leggio, Anna Ferrulli and Giovanni Addolorato. -- Alcohol Use and Abuse: Effects on Body Weight and Body Composition Stefan Gazdzinski and Timothy C. Durazzo. -- Alcohol: Nutrition and Health Inequalities Adrian Bonner and Margherita Grotzkyj-Giorgi. -- The Effect of Diet on Protein Modification by Ethanol Metabolites Simon Worrall. -- Vitamin B12 Deficiency in Alcoholics Alberto Fragasso. -- American Indians/Alaskan Natives and Alcohol: Biology, Nutrition, and Positive Programs Felina M. Cordova, Michael H. Trujillo and Roger Dale Walker Part 3.) Nutrient Effects on Alcohol Metabolism -- Metabolism of Ethanol to Acetaldehyde in the Rat Mammary Tissue: Inhibitory Effects of Plant Polyphenols and Folic Acid Gerardo Daniel Castro and José Alberto Castro. -- Dietary Zinc Supplementation and Prenatal Ethanol Exposure Peter Coyle, Brooke Summers-Pearce, Carina J. Cowley and Allan M. Rofe. -- Tocotrienol and Cognitive Dysfunction Induced by Alcohol Kanwaljit Chopra and Vinod Tiwari. -- Soy Products Affecting Alcohol Absorption and Metabolism Mitsuyoshi Kano and Norihiro Kubota. -- Oats Supplementation and Alcohol-Induced Oxidative Tissue Damage Christopher B. Forsyth, Yueming Tang, Robin M. Voigt, Turan Rai and Ali Keshavarzian. -- Fish Oil n-3 Fatty Acids to Prevent Hippocampus and Cognitive Dysfunction in Experimental Alcoholism Nataliya A. Babenko. -- Alcohol in HIV and Possible Interactions with Antiretroviral Medications Marianna K. Baum, Sabrina Sales-Martinez and Adriana Campa Part 4.) Alcohol interactions with foods -- Popular Energy Drinks and Alcohol Erin C. Duchan. -- The Psychological Synergistic Effects of Alcohol and Caffeine Ambereen Ameer and Ronald Ross Watson. -- Alcohol and Smoking: A Correlation of Use in Youth? Meghan Denning and Ronald Ross Watson. -- Are There Physiological Correlations Between Alcohol and Tobacco Use in Adults? Cynthia Lee and Ronald Ross Watson. -- Alcohol, HIV/AIDS, and Liver Disease Tamsin A. Knox, Logan Jerger and Alice M. Tang Part 5.) Alcohol and chronic diseases -- Nutritional Status, Socioeconomic Factors, Alcohol, and Cataracts Vaishali Agte and Kirtan V. Tarwadi. -- Alcohol Intake and High Blood Pressure Amy Z. Fan and Yueren Zhou. -- Alcohol and Dyslipidemia Indrajit Chowdhury. -- Dietary Antioxidants in Chronic Alcoholic Pancreatitis Mirosaw Jarosz and Ewa Rychlik. -- Alcohol Consumption, Lifestyle Factors, and Type 2 Diabetes Martin D. Stricker, Henk F.J. Hendriks and Joline W.J. Beulens. -- Alcohol, Overweight and Obesity Sasiwarang Goya Wannamethee. -- Nutrition: Alcohol and Anorectic and Bulimic Adolescents Konstantina Magklara. -- Viral Infections and Cancer During Alcohol Use Malgorzata Schlegel-Zawadzka Part 6.) Cancer as modified and induced by alcohol -- Ethanol and Hepatocarcinogenesis Helmut K. Seitz and Felix Stickel. -- Alcohol, Diet, and Their Interaction in Colorectal and Urinary Tract Tumors María Marta Andreatta, Aldo R. Eynard and Alicia Navarro. -- Alcohol, Acetaldehyde, and Digestive Tract Cancer Satu Väkeväinen and Mikko Salaspuro. -- Alcohol Intake and Esophageal Cancer: Epidemiologic Evidence Jill Layton and Jianjun Zhang Part 7.) Alcohol and liver diseases -- A Nutritional Approach to Prevent Alcoholic Liver Disease Samuel William French. -- Nutraceutical Potential of Indigenous Plant Foods and Herbs for Treatment of Alcohol-Related Liver Damage Vaishali Agte and Upendra Raghunath Gumaste. -- Alcohol and Nutrition as Risk Factors for Chronic Liver Disease Stefano Bellentani, Claudio Tiribelli and Giorgio Bedogni. -- Alcohol-Related Liver Disease: Roles of Insulin Resistance, Lipotoxic Ceramide Accumulation, and Endoplasmic Reticulum Stress Suzanne M. de la Monte. -- Nutrition and Alcoholic and Nonalcoholic Fatty Liver Disease: The Significance of Cholesterol Munechika Enjoji, Kenichiro Yasutake, Motoyuki Kohjima and Makoto Nakamuta. -- Dietary Fatty Acids and Alcoholic Liver Disease Takayo Kawakami, Yasuko Murakami and Misako Okita. -- Nutrition in Alcoholic Steatohepatitis Juan Caballeria, Javier Michelena and Jose Altamirano. -- Alcoholic and Nonalcoholic Fatty Liver Disease and Vitamin A Gabriela Villaça Chaves and Wilza Arantes Ferreira Peres

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