Biomechanics in sport [performance enhancement and injury prevention /

Zatsiorsky, Vladimir M. (1932-)

Blackwell Science, 2000

Monografía

Biomechanics in Sport is a unique reference text prepared by the leading world experts in sport biomechanics. Over thirty chapters cover a broad spectrum of topics, ranging from muscle mechanics to injury prevention, and from aerial movement to wheelchair sport. The biomechanics of sports including running, skating, skiing, swimming, jumping in athletics, figure skating, ski jumping, diving, javelin and hammer throwing, shot putting, and striking movements are all explained

Título: Biomechanics in sport electronic resource] performance enhancement and injury prevention edited by Vladimir M. Zatsiorsky

Editorial: Oxford Malden, MA Blackwell Science 2000

Descripción física: 1 online resource (682 p.)

Mención de serie: Volume IX of the Encyclopaedia of sports medicine

Nota general: "An IOC Medical Commission publication in collaboration with the International Federation of Sports Medicine."

Bibliografía: Includes bibliographical references and index

Projectiles; 20 Javelin Throwing:an Approach to Performance Development; 21 Shot Putting; 22 Hammer Throwing:Problems and Prospects 23 Hitting and KickingPart 5:Injury Prevention and Rehabilitation; 24 Mechanisms of Musculoskeletal Injury; 25 Musculoskeletal Loading During Landing; 26 Sport-Related Spinal Injuries and Their Prevention; 27 Impact Propagation and its Effects on the Human Body; 28 Neuromechanics of the Initial Phase of Eccentric Contraction-Induced Muscle Injury; Part 6:Special Olympic Sports; 29 Manual Wheelchair Propulsion; 30 Sports after Amputation; Index

Lengua: English

ISBN: 0-470-69304-5 0-470-69379-7 1-281-30976-1 9786611309763

Materia: Human mechanics Sports injuries Sports- Physiological aspects

Autores: Zatsiorsky, Vladimir M. (1932-)

Entidades: International Federation of Sports Medicine IOC Medical Commission

Enlace a formato físico adicional: 0-632-05392-5

Punto acceso adicional serie-Título: Encyclopaedia of sports medicine v. 9
