



Clostridioides Difficile: Infección, Diagnóstico y Tratamientos Prometedores. Revisión Bibliográfica [

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text (article)

Analítica

Clostridioides difficile (CD), the bacteria responsible for intestinal infections that occur after antibiotic use, can trigger symptoms ranging from mild to pseudomembranous colitis. Diagnosis involves stool tests and, in severe cases, colonoscopies. While initial treatment includes antibiotics, fecal transplant, a microbiota-restoring procedure, has shown over 90% effectiveness in recurrent infections. Despite challenges and questions, its use is supported by the FDA. On the other hand, ongoing research is exploring the use of bacterial isolates and spores as alternatives to prevent and treat the infection, aiming to mitigate potential side effects associated with fecal transplants. Additionally, although their effectiveness is not clearly established, in certain cases, the use of probiotics is also considered a preventive measure during antibiotic treatments. Despite advancements in treatment strategies for this infection, prevention remains crucial and is achieved through precautions in antibiotic use and hygiene practices to control these infections

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