



#nadasobrenosotrosinnosotras# Experiencias de mujeres activistas trabajadoras de cuidados: violencias y resistencias [

2023

text (article)

Analítica

The purpose of this article is to make visible the experiences of violence and resistance practices in women activists who are paid care workers in Catalonia. From an intersectional perspective, I characterize the processes of subalternization that the subjects go through as a result of the social categories of gender, race and class, to which administrative status and migration are added. Methodologically, it is a qualitative research that analyzes the results of a discussion group with paid workers dedicated to the direct care of people in private homes, and indirect cleaning care in homes or companies; In turn, all these women are members of activist groups of paid care workers. Through a thematic analysis, I identify the following results: first, experiences and processes of subalternization as care workers. Second, personal and social assessments of care and care work. Third, the political organization as a practice of resistance against violence. In conclusion, the participants make visible violence towards their caring bodies, bodies that are feminized and racialized, bodies that are inferiorized, objectified and exoticized, bodies whose rights are restricted, and even possibilities of exercising citizenship. Faced with such violence, the creation of political groups is a source of resistance

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