

Determinación de alteraciones tiroideas en pacientes voluntarios, de un dispensario de salud ocupacional, Riobamba-Ecuador [

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text (article)

Analítica

Thyroid pathologies nowadays become a challenge for diagnosis, since their clinical presentation, with unspecific signs and symptoms, is often attributed to other diseases or to the normal process of sedentary lifestyle or aging. Delay in diagnosis and treatment can have serious and unrecoverable consequences for patients, and can lead to life-threatening risks. The objective was to determine thyroid disorders, hypo and hyperthyroidism in volunteer patients from an occupational health clinic in the city of Riobamba. The study was descriptive, cross-sectional and quasi-experimental, the population was 100 volunteer patients, of both sexes, who underwent serum hormonal tests and was correlated with risk factors that could influence the appearance of thyroid disorders Fourteen cases of thyroid abnormalities were identified, 78.57% in women and 21.48% in men. Screening detected 10 cases of subclinical hyperthyroidism, 7 in women and 2 cases in men and one case of clinical hyperthyroidism in a woman, while for subclinical hypothyroidism, four cases were detected, 3 in women and 1 in a man. It was concluded that there is a prevalence of 4% of cases with Hypothyroidism and 11% of Hyperthyroidism in the study population and diet and work stress were identified as factors that influence the development of this pathology

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