



The Cambridge handbook of community psychology : interdisciplinary and contextual perspectives /

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Monografía

"During my years caring for patients, the most common pathology I saw was not heart disease or diabetes; it was loneliness. Loneliness is also associated with a greater risk of cardiovascular disease, dementia, depression, and anxiety" (Murthy, Harvard Business Review, 2017). Loneliness, or social alienation, can occur even when surrounded by people. More than half a century ago, psychologists began examining the relationship between individuals, their communities, and the surrounding social environment. At the landmark Swampscott Conference in 1965, and in the context of deinstitutionalization of mental health care and the civil rights movement, psychologists discussed the concept of "community psychology" as a way to address broader social issues that influenced mental health and community well-being. Recognizing that a multidisciplinary approach was needed, many psychologists proposed gathering and synthesizing data that looked at the cultural, economic, social, political, and environmental aspects that shape and influence lives and communities. Community psychology seeks to address social issues within communities that can contribute to individual and societal problems. Doctoral training programs in community psychology were established and community-based research projects were implemented"--

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