



## The Clinicians Guide to the Treatment of Obesity /

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editor literario

Springer,  
2015

Monografía

Presenting detailed information on treatment of the obese patient, this handy, concise title is designed not only to educate practitioners about obesity but, most importantly, to provide practical strategies in the comprehensive approach to treating this disease.plete with bulleted lists and tables for easy referencing, this unique reference provides a comprehensive overview of the pathophysiology and natural history of obesity as well as a thorough review of available treatment options. bookarly chapters discuss the disease of obesity, its corresponding health burden on individuals and society, the psychosocial morbidity and effect of weight loss.ter practical, treatment-centered chapters include dietary and lifestyle strategies for weight loss, writing an exercise prescription, pharmacologic approaches, perioperative care of the surgical patient, and complications of weight loss surgery, to name just several. An indispensable, easy-to-read resource for all health professionals interested in obesity diagnosis and treatment, The Clinicianuide to the Treatment of Obesity is a significant contribution to the literature that will be of value to all physicians, with particular appeal to internal medicine and primary care physicians, endocrinologists, cardiologists, physician assistants, nurse practitioners and any practitioner who wishes to learn the up to date treatment strategies for the obese patient. uE000}

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**Título:** The Clinicians Guide to the Treatment of Obesity edited by Adrienne Youdim

**Editorial:** New York Springer 2015

**Descripción física:** 1 recurso en línea (XVII, 205 páginas) 24 ilustraciones, 18 ilustraciones en color

**Mención de serie:** Endocrine Updates 1566-0729

**ISBN:** 9781493921461

**Materia:** Atención primaria Endocrinología Endocrinología

**Autores:** Youdim, Adrienne, editor literario

**Entidades:** SpringerLink (Online service)

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